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Terms of Endurance

Full Trigger Warning List

Non-Spoiler Overview

Terms of Endurance contains explicit sexual content, consensual BDSM dynamics, infertility and reproductive loss themes, grief, depression, anxiety and panic, marital strain, failed family-building paths, adoption-related emotional distress, relapse and child removal in a secondary storyline, unplanned pregnancy, and strong language throughout. This book is one of the most emotionally intense entries in the series.

Detailed Content Notes (May Contain Mild Spoilers)

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Infertility, Reproductive Health & Family-Building Themes

- Infertility and prolonged difficulty conceiving
- Detailed reproductive health testing and diagnosis
- Primary ovarian insufficiency / diminished ovarian reserve diagnosis
- Discussion of fertility treatment options and nonviable outcomes
- Failed hope around conception after extended trying
- Clinical/medicalized conception attempts and their emotional toll
- TTC tracking behaviors, negative pregnancy tests, and fertility-focused routines
- Grief tied to loss of a hoped-for biological child/future
- Discussion of surrogacy and conflict surrounding it
- Adoption process depicted on-page
- Failed or disrupted adoption hopes
- Emotional distress surrounding birth-parent placement decisions
- Unplanned pregnancy (secondary storyline)

Marriage, Intimacy & Relationship Strain

- Emotional withdrawal within a marriage
- Marital conflict related to infertility and grief
- Loss of intimacy / change in sexual dynamic within an established relationship
- Sex becoming scheduled, clinical, and emotionally distressing
- Disconnection, avoidance, and fear of not being enough for a partner
- Fear of marriage deterioration under prolonged grief

Grief, Mental Health & Emotional Distress

- Prolonged grief and mourning
- Depression and emotional numbness
- Anxiety, panic attacks, and spiraling thoughts
- Despair related to infertility and family-building loss
- Obsessive hope / repetitive fertility tracking behaviors
- Internalized shame and negative self-talk
- Feelings of bodily failure, emptiness, and self-blame
- Intrusive family/societal pressure around pregnancy and motherhood

Medical & Clinical Content

- Fertility clinic visits and testing
- Bloodwork, ultrasound, semen analysis, and diagnostic discussions
- Detailed discussion of ovarian reserve and hormone results
- Medical conversations about pregnancy likelihood
- Distressing clinical language around reproductive prognosis

Adoption-Specific Emotional Themes

- Adoption agency meetings and process discussions
- Ethical/emotional conflict around adoption
- Fear of “taking” another woman’s child
- Uncertainty and instability throughout the adoption process
- High emotional vulnerability around expectant parent choice
- Anticipatory hope followed by devastating disruption

Addiction, Relapse & Child Welfare Themes (Secondary Characters)

- Drug addiction and recovery
- Relapse after sobriety
- Child removal / foster placement following relapse
- Fear of failing a child because of addiction
- Recovery work under the threat of losing parental rights/custody stability

Trauma, Family Pressure & Interpersonal Themes

- Childhood trauma and intergenerational trauma
- References to past domestic violence and abuse from earlier books
- Social/familial pressure about children and pregnancy
- Hurtful comments about fertility, age, and motherhood
- Emotional comparison to others' pregnancies or family milestones

Sexual Content

- Explicit, open-door sexual content
- Consensual BDSM / D/s dynamics within an established relationship
- Emotional power exchange
- Intimacy occurring in the context of grief, disconnection, and repair

Additional Content

- Strong language throughout
- Alcohol use as a coping mechanism
- Emotional cliffhanger ending

Reader Notes

- All intimate content between main characters is consensual
- This book may be especially difficult for readers affected by infertility, reproductive grief, failed adoption paths, or marriage strain related to family-building
- The emotional intensity here is less about external violence and more about prolonged grief, diagnosis, hope, and loss
- Secondary storylines also include relapse and child removal themes

Questions or Specific Concerns?

If you have specific content concerns, feel free to reach out at nicolegregoryauthor@gmail.com. I'm always happy to help readers make informed choices.