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Terms of Exposure

Full Trigger Warning List

Non-Spoiler Overview

Terms of Exposure contains explicit sexual content, consensual BDSM dynamics, emotional power exchange, toxic relationship patterns (including infidelity and emotional abuse), anxiety and panic responses, workplace power struggles, and strong language throughout.

Detailed Content Notes (May Contain Mild Spoilers)

Sexual Content & Relationship Dynamics

- Explicit, open-door sexual content
- Consensual BDSM / D/s dynamics
- Power exchange themes rooted in trust and communication
- Emotional vulnerability tied to intimacy
- Exploration of control vs. surrender within a relationship

Toxic Relationship Themes (Secondary Characters)

- Repeated infidelity (on-page references and discovery)
- Emotional manipulation and gaslighting
- Verbal abuse within a romantic relationship
- Cyclical unhealthy relationship patterns (leave/return dynamic)
- Self-blame and difficulty leaving a harmful partner

Mental & Emotional Health

- Anxiety and panic attacks (on-page, moderately detailed)
- Emotional overwhelm and burnout
- Intrusive thoughts and emotional spiraling
- Body image insecurity (internalized)
- References to childhood emotional neglect

Workplace & Power Dynamics

- High-pressure corporate environment
- Financial instability and threat of collapse
- Gender bias / sexism in professional settings
- Power imbalance and coercive negotiation tactics
- Additional Content
- Strong language throughout
- Alcohol use in social settings
- Emotional distress related to betrayal and trust

Reader Notes

- All intimate relationships between main characters are consensual
- No sexual violence is depicted on-page
- BDSM elements are portrayed as negotiated and consent-based
- The story focuses on emotional intensity rather than shock value

Questions or Specific Concerns?

If you have specific content concerns, feel free to reach out at nicolegregoryauthor@gmail.com. I'm always happy to help readers make informed choices.