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Terms of New Beginnings

Full Trigger Warning List

Non-Spoiler Overview

Terms of New Beginnings focuses on healing, family, and forward movement. This book includes pregnancy and childbirth, references to past infertility and reproductive loss, recovery from addiction, and emotional resolution following the events of earlier books. While difficult topics are referenced, the overall tone is hopeful and restorative.

Detailed Content Notes (May Contain Mild Spoilers)

Pregnancy, Childbirth & Postpartum Themes

- Pregnancy and prenatal development
- Labor and childbirth (non-graphic but emotionally intense)
- Medical setting during delivery
- Physical pain and stress associated with childbirth
- Postpartum physical and emotional adjustment
- Fear and anxiety surrounding delivery outcomes
- Maternal bonding and emotional vulnerability after birth

Infertility & Reproductive Loss (Referenced)

- References to past infertility and difficulty conceiving
- Mentions of previous failed or disrupted adoption attempts
- Lingering grief tied to reproductive loss
- Emotional contrast between past loss and present outcomes
- Residual fear of loss even during positive developments

Addiction, Recovery & Stability (Secondary Character Arc)

- History of substance abuse and addiction
- Ongoing recovery and sobriety maintenance
- References to past relapse and recovery struggles
- Continued effort to maintain stability and rebuild trust
- Parenting while in recovery

Mental Health & Emotional Themes

- Emotional healing after prolonged trauma
- Anxiety and fear tied to past experiences
- Processing grief, loss, and prior instability
- Hope, rebuilding, and emotional reconnection
- Family-centered emotional growth

Family, Parenting & Relationship Themes

- Transition into parenthood
- Protective instincts and fear of loss
- Relationship strengthening after hardship
- Found family and support systems
- Rebuilding stability within relationships

Trauma (Referenced from Earlier Books)

- References to past abuse and traumatic experiences
- Ongoing emotional impact of earlier events
- Healing rather than active trauma depiction

Additional Content

- Strong language (moderate)
- Emotional intensity surrounding major life events

Reader Notes

- This book serves as a resolution and healing arc for the series
- Difficult topics are referenced rather than depicted in detail
- Emotional tone is significantly lighter than Books 2–5
- Focus is on recovery, family, and forward movement

Questions or Specific Concerns?

If you have specific content concerns, feel free to reach out at nicolegregoryauthor@gmail.com. I'm always happy to help readers make informed choices.